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Sole Funder :



香港賽馬會慈善信託基金
The Hong Kong Jockey Club Charities Trust

The 9th Global Conference of the Alliance for Healthy Cities
“SMARTER HEALTHY CITIES BEYOND COVID-19”

3 - 5 Nov 2021



南葵涌社會服務處

South Kwai Chung Social Service

Kwai Tsing District, Hong Kong, China





Organised by :

健康城市聯盟

中國香港支部



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South Kwai Chung Social Service

Kwai Tsing District, Hong Kong, China

Project Name:

Tele-health Approach for Ageing-in-Place under COVID-19

What:

- (1) delayed medical intervention due to avoidance to hospitals and clinics, and
- (1) psychological problems such as anxiety about the situation and minimized social contact



SOUTH KWAI CHUNG SOCIAL SERVICE



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South Kwai Chung Social Service
Kwai Tsing District, Hong Kong, China

Elderly Population in Kwai Tsing District, Hong Kong

92,100 People in Kwai Tsing District Aged ≥ 65 (18.4% of District Population)

(Source: Population and Household Statistics Analysed by District Council District 2020, Census and Statistics Department)

Public Housing in Hong Kong

I. Lai King Estate, Kwai Tsing District	25.7%
II. Cho Yiu Estate, Kwai Tsing District	21.1%
III. Shek Lei Estate, Kwai Tsing District	20.7%

(Source: 2016 Population By-census, District Profiles, Hong Kong Population)





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Kwai Tsing District, Hong Kong, China

Why this project is important and unique?

Aims of the project:

- To meet their urgent (medical) needs, by adopting tele-health approach
- To make the services highly accessible due to our proximity to the users
- To support the older people physically and psychologically in the community

Target beneficiaries: 450 elders suffering from chronic illnesses

over 50% of them are living alone or with spouse

Service period: since June 2020 - now

Won the **Smart Ageing Award ("SAA") Bronze Prize** in **Social & Community Engagement**

held by Golden Age Foundation ("GAF")



Social & Community Engagement
社交及社區參與

銅獎
BRONZE





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How:

(1): delayed medical intervention due to avoidance to hospitals and clinics

To address (1),

Video clinical consultations (doctor) and medicine deliveries

Supports from nurse, physiotherapist, and other health practitioners

*preliminary survey suggests that, after consulting with the health professional, the participants become more confident in health management; physical health has also been improved through the services.

-> reduces the burden on the local public healthcare system





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How:

(2): psychological problems such as anxiety about the situation and minimized social contact

To address (2),

- Caring calls conducted by social worker, healthcare professionals and volunteers, monitor elders' wellness and identify service needs
- Counselling service and home visits are provided to those who shows sign of psychological and health problems
- Online and (physical) centre-based activities are held to facilitate their social connection and to maintain their overall well-being
- *Preliminary survey suggests that the participants felt emotionally positive after receiving these services.





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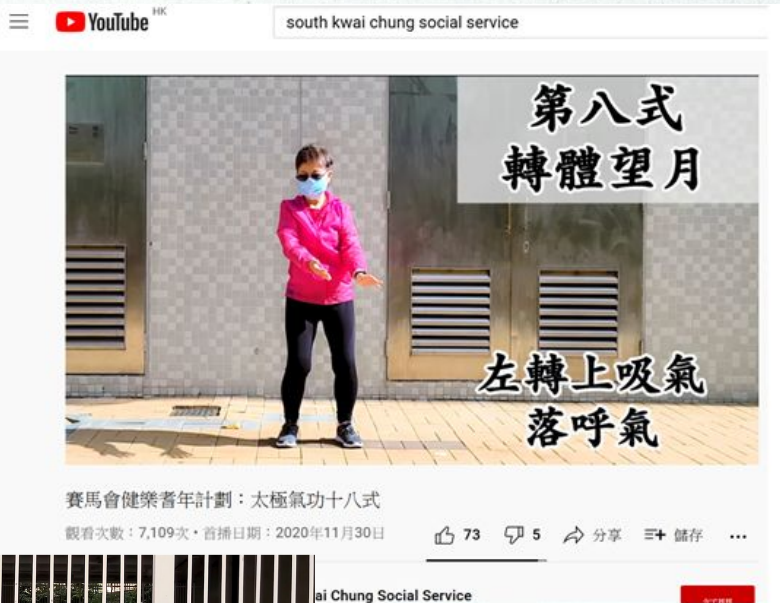
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25 elders (lend them 25 smart-phone)

100 times caring calls

750 times exercise at home







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Vision of the future

based on the large number of users and the positive results yielded from survey, we believe that this project provides a valuable community experience on mobile healthcare and tele-medicine approach in HK

Primary healthcare approach

Take care of the well-being of older people

ageing -in-place, need not go to the home

Cultivate a healthy and happy community





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Q&A

Thank You!

